

MES Track and Field 2024 - Grade 5 and 6

This year our Grade 5 and 6 Track Meet will be held on **Wednesday, May 15th**. Please come prepared for the day with water, a light jacket, sun screen, bug spray and snacks. A hot dog and juice box will be available for each student at lunch time, but please make sure that your child has supplemental fruit and veggies and other snacks because this won't fill them.

Participation in all events is greatly appreciated. The day will be focused on full grade involvement and we would like students to participate in as many events as they would like. Points are given to each student for each standard they achieve, there are 5 standards students can achieve during the events. The standards have been set up from previous years' results with each of the first four standards being divided into equal quarters. The fifth standard is for those athletes that place first in each event...so students can earn an extra point by placing first.

The Aggregate (the total number of points scored by a player in a series of sporting contests) is an award given to the top point earner male and female in each grade. If a tie occurs, we will then turn to the top finishers to break the tie.

Grade 5 Events		Grade 6 Events	
100 meter	Long jump	100 meter	Long jump
200 meter	Triple jump	200 meter	Triple jump
400 meter	High jump	400 meter	High jump
800 meter*	Ball throw	800 meter*	Ball throw
		1500 meter*	Shot put**
			Discus**
40 possible points		55 possible points	

*The 1500m (for grade 6) will take place on May 21st starting at 8:45 am. The 800m (grade 5 and 6) will take place on May 21st at 2:30 (after the last recess).

** Shot Put and Discus will be done on during PE class on May 13 and 14.

Divisional Track and Field is scheduled for June 4th in Raymond, we will be sending a note home when we receive our information packet.

If you have any questions, feel free to contact us at the school.

Thank you,
 Joshua Sherwood
 Brett Nish

Schedule for the grade 5/6 Track Meet

Time	6 Boys	6 Girls	5 Boys	5 Girls
8:45-9:45	100m	100m	100m	100m
9:45-10:15	LJ	TJ	HJ	BT
10:15-10:45	HJ	BT	HJ	LJ
10:45-11:15	HJ	LJ	BT	TJ
11:15-11:45	200m	200m	200m	200m
11:45-12:30	Lunch	Lunch	Lunch	Lunch
12:30-1:15	400m	400m	400m	400m
1:15-1:45	TJ	HJ	LJ	HJ
1:45-2:15	BT	HJ	TJ	HJ
2:15-2:45	100m final	100m final	100m final	100m final
2:45-3:15	Relay	Relay	Relay	Relay